



YOUTH SUMMER AQUATICS PROGRAM - 2018

About the Program: The UC Irvine, Department of Campus Recreation will again offer group and private swim instruction to dependents of the UCI community, including UCI Students, Faculty, Staff, Alumni, Affiliates and their spouses ages **3*-12** (ARC Membership is not required). Lessons will be held at the Anteater Recreation Center pool.

Schedule: Classes will be offered in two, two-week sessions, which will meet 4 days each week (**Monday-Thursday**). All levels are offered in 40 minute lessons. Classes are scheduled to start between 3-4:30pm. Private lessons available upon request at various times. All levels will have a maximum of 10 participants. Participants will be grouped by experience within the class. All instructors have completed American Red Cross certification along with the Campus Recreation in-service training program.

Dates: Session 1: July 16-26
Session 2: August 6-16

Enrollment: Enrollment begins on **April 3rd** at Campus Recreation Services located in the Anteater Recreation Center. The office is open from 8am – 6pm, Monday - Friday. You may pay with cash, check (payable to UC Regents) or credit card (Visa/MasterCard). Take the registration form to the ARC or mail the completed form (**with signed waiver**) to:
Campus Recreation Services
680 California Ave.
Irvine, CA 92697-4515

Online: You may also enroll online. For online enrollment instructions, please visit our Summer Swim website at: <http://www.campusrec.uci.edu/youth/summer-swim.asp>
If enrolling online, the signed waiver form must be delivered to the ARC Summer Swim Program at least seven (7) days prior to the first lesson. Available delivery methods are as follows:

In Person:

-Please put forms in an envelope/packet with **ATTN: Anteater Recreation Summer Camps** on the front.
-Forms can be accepted by Service Desk (located upstairs from the ARC Front Desk) personnel, Monday-Friday from 8am-6pm. Forms delivered outside of this time can be dropped off at the Front Desk. Please make sure the attendant knows it is for ARC Summer Camps.

By Fax:

Please include a cover page with "Attn: ARC Summer Camps"
(949) 824-4822

By Email:

Forms may be scanned and emailed to k.anderson@uci.edu

Please register at least 10 days prior to the desired session to ensure availability. You will be notified only if we can not accommodate your request.

Cost: (ARC Member) Sessions 1 & 2: \$50
(Non-ARC Member) Sessions 1 & 2: \$58

Refund Policy for Youth Swim available at www.campusrec.uci.edu/arc/policies.asp

American Red Cross swim levels:

Each level is designed to build upon the previous level. Some skills will be repeated in subsequent levels. The prerequisite for advancing to the next level is successful demonstration of the skills from the preceding level. Contact Campus Recreation for a complete list of skills. Please note classes may need to be adjusted for group participants according to age and ability.

Level 1: Introduction to Water Skills - Purpose: Help children feel comfortable in the water. Skills include: Basic water safety rules, Swimming on front and back using arm and leg actions, Opening eyes underwater and picking up submerged object (parents are allowed in the Pool during designated Level 1P classes)

Level 2: Fundamental Aquatic Skills - Purpose: Give children success with fundamental skills. Skills include: Submerging entire head, Front and back glide, Treading water using arm and leg motions, Swimming using combined stroke on front, back and side, Jellyfish float

Level 3: Stroke Development - Purpose: Build on the skills in Level 2 by providing additional guided practice. Skills include: Rotary breathing in horizontal position, Front and back glide, Front and back crawl, Survival float, back float, Butterfly-kick and body motion

Level 4: Stroke Improvement - Purpose: Develop confidence in the strokes learned and improve other aquatic skills. Skills include: Elementary backstroke, breaststroke, butterfly, Swim underwater, Survival float, back float, Tread water using sculling arm motions and kick

Level 5: Stroke Refinement - Purpose: Provide further coordination and refinement of strokes. Skills include: Front and back crawl, Butterfly, Breaststroke, Elementary backstroke, Sidestroke, Survival swimming, Rescue breathing, Standing dives, Surface dives, and Flip turns

Private lessons: Private and Semi- private lessons are available for children *2 1/2 and up. Please contact Campus Recreation Services for availability.

Cost: \$25 for individually purchased privates, \$26 for individually purchased semi-privates (\$13 per student) for a 40 minute lesson. Package of 4 lessons: \$92 for private, \$88 for semi-private. Semi-private children must be at the same level and must be grouped by the participants.



***All children must be potty trained and adults must remain at the pool during the Children’s lesson.**

UCI CAMPUS RECREATION YOUTH SUMMER SWIM SCHEDULE - 2017

July 16-26: Monday-Thursday

Aug 6-16: Monday-Thursday

3-3:40pm: Level 5

3-3:40pm: Level 1&2

3:45-4:25pm: Level 3&4

3:45-4:25pm: Level 3&4

4:30-5:10pm: Level 1&2

4:30-5:10pm: Level 5

CAMPUS RECREATION YOUTH SUMMER SWIM REGISTRATION - 2018

Please complete ONE form per child. (Please Print Legibly)

Lesson Fees: Sessions 1 & 2: \$50 Dependents of ARC Members/Fulltime Summer Students
 Sessions 1 & 2: \$58 Dependents of non-ARC Members (UCI Students, Faculty, Staff, Alumni, Affiliates and their spouses)

No refunds will be administered after the 1st class lesson.

Session	Date	Time	Level	Fee

PARENT/PARTICIPANT INFORMATION:

Child's Name: _____
(First Name) (Last Name)

Child's Age: _____ Birthdate: _____ Gender: Male Female

Parent's Name: _____
(First Name) (Last Name)

Address: _____ City: _____ Zip: _____

Home Phone: _____ Work Phone: _____ Cell Phone: _____

Email Address: _____

Parent/Guardian's Affiliation to UCI: _____

UCI Student/Staff/Faculty ID #: _____

Registration must be completed in person, mail or sent via email. Phone registrations will not be accepted.

No refunds after the 1st class lesson. Changes and refund requests prior to the 1st lesson are subject to a \$10 processing fee. If you have questions or need more information, please contact us at 949-824-3738.

Make checks payable to UC Regents or if paying by VISA or MasterCard, please include card number and expiration date

FOR OFFICE USE ONLY

Fee: _____ Cash Check # _____ Visa MasterCard

Clerk: _____ Date: _____ Acct#: _____ Exp Date: _____

Participant's Name: _____

Please Print

UNIVERSITY OF CALIFORNIA, IRVINE
Campus Recreation and Anteater Recreation Center **Children's Swim Programs**

Waiver of Liability, Assumption of Risk, and Indemnity Agreement

Waiver: In consideration of being permitted to participate in any way in **Campus Recreation or Anteater Recreation Center Youth and Family Programs. Including but not limited to participating in Children's Swim Lessons at the Anteater Recreation Center Pool, or other Drop-in Activities**, hereinafter called "The Activity", I, for myself, my heirs, personal representatives or assigns, **do hereby release, waive, discharge, and covenant not to sue** The Regents of the University of California, its officers, employees, and agents from liability **from any and all claims including the negligence of The Regents of the University of California, its officers, employees and agents**, resulting in personal injury, accidents or illnesses (including death), and property loss arising from, but not limited to, participation in The Activity.

Signature of Parent/Guardian of Minor Date

Signature of Participant Date

Assumption of Risks: Participation in The Activity carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. The specific risks vary from one activity to another, but the risks range from 1) minor injuries such as scratches, bruises, and sprains to 2) major injuries such as eye injury or loss of sight, joint or back injuries, heart attacks, and concussions to 3) catastrophic injuries including paralysis and death.

I have read the previous paragraphs and I know, understand, and appreciate these and other risks that are inherent in The Activity. I hereby assert that my participation is voluntary and that I knowingly assume all such risks.

Indemnification and Hold Harmless: I also agree to INDEMNIFY AND HOLD The Regents of the University of California HARMLESS from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorney's fees brought as a result of my involvement in The Activity and to reimburse them for any such expenses incurred.

Severability: The undersigned further expressly agrees that the foregoing waiver and assumption of risks agreement is intended to be as broad and inclusive as is permitted by the law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

Acknowledgment of Understanding: I have read this waiver of liability, assumption of risk, and indemnity agreement, fully understand its terms, and **understand that I am giving up substantial rights, including my right to sue.** I acknowledge that I am signing the agreement freely and voluntarily, and **intend by my signature to be a complete and unconditional release of all liability** to the greatest extent allowed by law.

Signature of Parent/Guardian of Minor Date
Participant's Age (if minor) _____

Signature of Participant Date
Volwaiver 4/05